# THE**RITUAL**ROOMS

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BIOTEC scientifically proven to increase cell energy for optimum skin function

#### THE UNIQUE FUSION OF ACTIVES, TOUCH & TECHNOLOGY



CRYSTAL CLEAR MICRODERMABRASION a gentle yet extremely effective skin resurfacing treatment

# ADVANCED FACIALS & SKINCARE RITUALS

#### ELEMIS BIOTEC FACIALS

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering 5 technologies (microcurrent muscle stimulation, oxygen infusion, sonic skin peeling, light therapy & galvanic) of the BIOTEC machine, together with Elemis active products, work to switch the skin back on, increasing its natural cellular energy.

 BIOTEC Line Eraser - Target wrinkles and stimulate the muscles,

 collagen and elastin towards optimum performance with this powerfully

 rejuvenating facial.

 60 mins £75 or 90 mins £95

**BIOTEC Firm-a-Lift** - A ground-breaking blend of massage and sculpting technology for a visibly lifted & contoured complexion.

60 mins £75 or 90 mins £95

 BIOTEC Anti-Pigment Brightener - A targeted skin-brightening

 treatment that reduces pigmentation and dullness for refined and

 translucent skin.

 60 mins £75 or 90 mins £95

**BIOTEC Skin Resurfacer** - Address uneven skin tone with this ultrasonic peel for skin that has never been softer or smoother.

#### 60 mins £75 or 90 mins £95

BIOTEC Radiance Renew - A powerful antidote for dull and tired skin, this cellular-boosting treatment targets sluggish complexions for radiant, visibly brighter skin. 60 mins £75 or 90 mins £95 BIOTEC Blemish Control - Detoxify and repair damaged tissue with this thorough and deep cleansing facial leaving skin decongested and soothed. 60 mins £75 or 90 mins £95

BIOTEC Sensitive Skin Soother - Oxygen infusion and red light therapy improve the skin's ability to repair itself. Calmness is restored and skin is soothed. 60 mins £75 or 90 mins £95

BIOTEC Super Charger for Men - Facial to de-stress, de-age and de-fatigue the male complexion whilst activating ultimate skin dynamism. 60 mins £75 or 90 mins £95

#### CRYSTAL CLEAR MICRODERMABRASION

Microdermabrasion is a resurfacing treatment to improve lines and wrinkles, dull, dehydrated or sun-damaged skin, skin laxity, milia, acne scarring & congested or acne prone skin.

Mini Microdermabrasion - used as maintenance between	n more
intense treatments.	40 mins £45

Microdermabrasion Deluxe - the ultimate skin rejuvenation.

75 mins £65

 Luxury Microdermabrasion & Oxygen - combining microdermabrasion

 with intense oxygen therapy to plump & firm wrinkled skin with long

 lasting results.
 90 mins £85

ELEMIS

results driven skincare design to be personally prescribed for you

#### ELEMIS

was born out of the vision to bring together the power of nature, science and aromatics

Elemis Non Column

Elemis PRO-COLLAGEN MARINE CREAM

ANTI-AGEING

Elemis

PRO-COLLAGEN MARINE CREAM ULTRA-RICH

# HANDS ON FACIALS & SKINCARE RITUALS

#### **ELEMIS HANDS ON FACIALS**

At The Ritual Rooms, we are proud to be able to offer this British brand of skincare that was born out of the vision to bring together the power of nature, science & aromatics. This award winning, results driven skincare range was designed to be personally prescribed for you.

 Skin Specific Facial - a relaxing diagnostic facial, perfect to give

 your skin a boost or can be used to prescribe an advanced facial or

 skincare products.

 40 mins £45

Pro-Collagen Age Defy - Experience the age-defying benefits of marine-<br/>charged Padina Pavonica whilst targeted massage encourages optimum<br/>cellular function. Smooths, Nourishes, Refines.60 mins £65

 Pro-Definition Lift and Contour - Restore the architecture of your face

 with potent plant actives. For a profoundly, sculpted youthful effect.

 Lifts, Contours, Sculpts.

 60 mins £65

Dynamic Resurfacing Precision Peel \*- This highly potent coutureresurfacing treatment targets the signs of ageing and dull, tired, unevenskin tone. Renews, Smooths, Revitalises.60 mins £65

White Brightening Pigment Perfector - Illuminates and brightens for a<br/>naturally more even complexion. Benefits: Illuminates, brightens, restores,<br/>reduces pigmentation.60 mins £65

\*Sensitive skins will require a patch test 24hrs before!

Superfood Pro-Radiance- Energise and detoxify stressed, dull skin witha nutritional superfood boost. Leaves skin, plumper, radiant and lit upwith good health. Revitalises, Brightens, Nourishes.60 mins £65

Sensitive Skin Soother - Reduce the appearance of redness and protect against daily stresses with a treatment that incorporates soothing massage. Skin is left comfortable and calm. Soothes. Calms. Rehvdrates. 60 mins £65

Anti-Blemish Mattify and Calm - Mattify and combat oil & shine whilst restoring micro-circulation. A deeply detoxifying treatment which leaves skin bright and clear. Calms, Purifies, Balances. 60 mins £65

#### FACE & BODY

Ritual Rooms Signature Face & Body No1 - Indulge in a 60 minuteElemis Body Ritual of your choice and an Elemis skin specific facial -create your own bespoke Ritual.90 mins £75

**Ritual Rooms Signature Fire & Ice Face & Body Sensation** 

A luxurious back of body & face sensation. Experience the contrast between the deep heat of hot stones & the refreshing ice cold thermal massage. Your face & body will be left feeling energised & refreshed.

90 mins £85

#### **Ritual Rooms Signature Face & Body Ritual No2**

Indulge in any 60 minute Elemis Body Ritual together with your choice of advanced 'hands on' Facial - your own bespoke ritual. **2 hours £95** 

#### BODY MASSAGE

our highly skilled therapists will tailor your message to suit your needs on the day

> UNIVERSAL CONTOUR WRAP alongside a healthy lifestyle, provides instant inch loss that lasts

## MASSAGE & BODY RITUALS

#### **BODY MASSAGE**

Our skilled therapists will select an Elemis aromatic oil & massage technique according to your concerns, be they muscle pain, tension, stress relief, pure relaxation or emotional balance.

Back Massage	30 mins £25
Back, Neck, Shoulder & Scalp Massage	60 mins £45
Full Body Massage	90 mins £55
Hot Stones Back Massage	40 mins £40
Hot Stones Full Body Massage	90 mins £70
Foot & Leg Massage	30 mins £25

# UNIVERSAL CONTOUR

With Universal Contour Wrap Classic you're guaranteed to lose 6 inches in just 2 hours that will stay off for at least 30 days. The unique clay formula and special wrapping techniques shape and tone your body, leaving you feeling great and looking your best. *Indulge in a free skin specific facial worth £45.00 while your wrap takes effect.* 

Classic Treatment	2 hours £75
Course of 3 Treatments (all to be taken within 1 month)	£175

#### LUXURY ELEMIS BODY RITUALS

Looking after your body isn't just about diets & detox, a luxurious body-care ritual can transform the way you feel about yourself. Our Elemis Body Rituals will not only nourish your body, but will also de-stress your mind with a wonderful array of aromatics & textures.

**Elemis Garden of England Rose Restore** - A unique blend of rose, camelina & poppy seed oils, maintain & restore elasticity while encouraging cell renewal. Bespoke massage techniques anoint the skin with nourishing oils & rose balm comforts the skin leaving it exquisitely moisturised, intensely supple & delicately scented.

#### 60 mins £50

**Frangipani/Sweet Orchid Body Nectar Nourish** - Perfect for quenching thirsty skin. Let the velvety texture of this luxuriously fragrant monoi oil, cocoon, balance & condition your skin. A sublime treatment that will leave you feeling truly relaxed with skin that has never felt silkier.

60 mins £50

**Ocean Body Detox** - A powerful synergy of sea buckthorn, sea fennel, lemon & juniper essential oils is the perfect body detox, improving circulation and lymphatic drainage. Nourishes, detoxifies and stimulates, improving the appearance of cellulite and tighten the skin. Your skin will be prepped to kick-start detox & aid results. **60 mins £50** 

#### FAKE BAKE

a tan to suit every skin type, skin tone and life style, creating the perfect tan every time

FAKE BAKE the World's largest independent tanning brand with over 25 year's experience

# BEAUTY & EYELASH RITUALS

#### EYELASH EXTENSIONS

Lash Perfect Semi-permanent lashes can last 6 to 12 weeks depending on the life cycle of your natural lashes. They can be worn as a one off for a special occasion, more long term with infills every 2 to 3 weeks.

**Original Lash Extensions** - this technique involves applying a single lash to each of your natural lashes. An appropriate length, weight & curl of lash will be chosen to suit your desired effect. The effect can vary from extremely natural to super long & glamorous.

#### 2.5 - 3 hours £75 Infills 60 mins £35

**Russian/3D Lashes** - This multi-lash technique involves adhering small groups ultra-fine lashes onto a single natural lash. The main benefit of Russian Layering is that it gives clients a full, high impact glamorous look with maximum volume.

#### 2.5 - 3 hours £90 Infills 60 mins £40

**Russian Varia Lashes** - As with Russian but each group of lashes consists of various lengths of lashes giving a fluffier, more natural finish.

2.5 - 3 hours £90 Infills 60 mins £40

15 mins £25

#### EAR PIERCING

Ear Piercing - lobe only

(under 16's must be accompanied by parent/guardian. **Ear Piercing (lobe only)** 

#### EYE DEFINING RITUALS

Eyelash Lift*	60 mins	£35
Eyelash Tint*	30 mins	£15
Eyebrow Tint*	10 mins	£9
Eyebrow Shape	15 mins	£10
Eyelash Lift & Tint*	70 mins	£45
Complete Eye Defining Ritual	40 mins	£28

#### TANNING

Fake Bake was the first self-tan to combine naturally derived tanning agents DHA & Erythulose, guaranteeing a longer lasting natural looking tan. All the products are also paraben-free, making them safer than some other self-tan products. Choice of 4 shades.

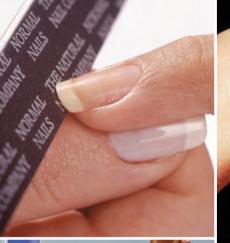
ull Body Spray Tan**	20mins	£25
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#### Make-up

Our Make-up artists use mainly M.U.D cosmetics together with our favourite products from the 'big brands' such as Bobbi Brown & MAC to create your perfect look, whatever the occasion.

Make-up Application	60 mins £40
Bridal make-up including Trial run	£90 add £25 for 'on location'
Extra bridal party make-up	£30 per person
Add strip lashes	£7.50
Add party lashes	£17.50

\* Patch test required \*\*Sensitive skins will require a patch test 24hrs before!





#### JESSICA

when it comes to natural nails Jessica Cosmetics is considered the World's leading brand

#### JESSICA

Movie stars, models and VIPs are avid users of Jessica nail products

# MANICURE & PEDICURE RITUALS

#### SIGNATURE HAND & FOOT RITUALS

Using Jessica, Opi and Vinylux, we incorporate the luxury of Elemis skincare into our signature hand and foot rituals; skin, nails and cuticles are nourished providing maximum health benefits for your nails while causing no damage at all to your natural nails.

#### MANICURE

Signature Luxury Manicure Includes cuticle soak & tidy,	
massage, shape & polish	60 mins £30
Mini Manicure - Includes cuticle tidy, shape and polish	30 mins £18

#### PEDICURE

Signature Zen Luxury Pedicure - Includes hard skin removal, foot soak<br/>& scrub, massage, cuticle work, shape & polish.60 mins £35Mini Pedicure - Includes cuticle tidy, shape and polish30 mins £18

#### HAND & FOOT ADD ON RITUALS

The perfect add-on to any gel nail service or as a standalone treatment.

Treat your feet	25 mins £18
Treat your hands	20 mins £12
Hand & arm massage	10 mins £10
Foot & leg massage	30 mins £25

### **GEL NAILS**

Using GELeration, OPI and Shellac, Gel is a long lasting alternative to polish, thin in application and applied over your natural nail that can help them to grow. It removes quickly and easily without causing damage. Nails are shaped, cuticles tidied and gel applied and cured under a LED lamp. Polish is immediately dry.

Gel Polish - Fingers or toes	75mins £35
Gel Removal - Soak off & nourish (free with new set)	30mins £10
Gel Removal & Mini Manicure	45mins £25
Nail Repair (during service) - Silk can be used to repair a	tear to stop a

**Nail Repair (during service)** - Silk can be used to repair a tear to stop a nail from breaking or a sculpture can add length to a broken nail.

	15mins £2
Nail Repair - Repair to a previously applied gel nail or	

#### NAIL EXTENSIONS

individual silk/sculpted repair.

Using Bio-Sculpture Gel, length is added to your nail by sculpting a tip and applying a hard gel over the top, giving you longer and stronger nails. Nails are shaped, cuticles tidied and gel applied and cured under a LED lamp. Polish is immediately dry.

Bio-Sculpted Extensions

2hrs £55

15mins £3.50



#### TEA TREE OIL is a natural essential oil known for its antibacterial, antiseptic, anti-fungal and anti-viral properties

AUSTRALIAN BODY CARE only uses Tea Tree Oil from the Melaleuca Alternifolia tree grown in Australia for its most beneficial properties

## HAIR REMOVAL RITUALS

#### WAXING RITUALS

Australian Bodycare is a hygienic tube waxing system that incorporates pure Tea Tree essential oil for its many beneficial effects. Much quicker & more hygienic than any pot waxing system!

Eyebrow Shape	£10.00
Upper Lip	£7.00
Chin	£7.00
Bikini Line	£14.00
Brazillian	£20.00
Hollywood	£30.00
Forearm	£18.00
Half leg up to knee	£16.00
Half leg & few inches above knee	£19.00
Underarm	£12.00
Full Leg	£26.00
Full Leg & Visible Bikini Line	£36.00
Male Back or Chest wax	£28.00
Male Back, Chest & Shoulders	£55.00

### EPIL PRO HAIR REDUCTION

This tweezer method of hair reduction combines a sound current with a hair growth retardant to reduce hair growth. Most suited to treat both downy & coarse hair on facial areas. With no potential side effects, it can be used on any skin type.

Initial Consultation		Free
Minimum Treatment Time	L5 mins	£20.00
Each minute thereafter	1 min	£1.20

#### ELLIPSE IPL HAIR REMOVAL

Our award winning, state-of-the-art Ellipse IPL system uses short, safe bursts of intense pulsed light technology (often referred to as laser), to remove unwanted hair from all body sites in minutes. The results last for years. Typically 3 to 6 treatments are necessary at 1 to 3 month intervals for the best results.

Initial consultation & pat	tch test	Free
Underarm		£95
Bikini line		From £95
Lower leg £150	Top leg £175	Full leg £295
Chest or back		from £150
Top lip or chin		£60
Jawline or neck		£75
Additional facial area		£25

#### NOUVEAU CONTOUR PERMANENT MAKE-UP

BEFORE

AFTER

# Hairstroke Brows





Eye Enhancement -



Lip Blush



**Ellipse Skin Rejuvenation** 

# SEMI-PERMANENT MAKE-UP RITUALS

#### SEMI-PERMANENT MAKE-UP

Look good & feel great without spending hours in front of the mirror. Permanent make-up will be the most positive, life-changing beauty treatment you ever have! Subtle to defined, understated to glamorous, there are many treatment options & the results can last years (with colour boosts after 12 to 18 months).

Hairstroke Brows	£395
Hairstroke Brows Colour Boost	£225
Combination 3D Brows	£450
Combination 3D Brows Colour Boost	£275
Powder Brows	£295
Soft Lip Liner	£295
Soft Lip Liner Colour Boost	£175
Lip Blush	£395
Lip Blush Colour Boost	£225
Eye Enhancement	£295
Eye Enhancement Colour Boost	£175
Baby Eyeliner	£350
Baby Eyeliner Colour Boost	£200
Latino Eyeliner	£395
Latino Eyeliner Colour Boost	£225
Beauty Spot	£65
Alopecia Treatments	P.O.A
Medical Tattooing	P.O.A

\*Patch test required, minimum of 24hrs before!

# AESTHETICS & SKIN REJUVENATION

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#### **BEAUTOXOLOGY AESTHETICS**

Anti-wrinkle injections (using BOTOX®) - Reduces the muscle movement that cause the furrowed, angry and aged look that occurs as our natural collagen stores start to decrease.

1 area		£160
2 areas	24	£260
3 areas	PARCETER	£295
Additional areas		£50
Hyperhic	Irosis (for excessive sweating)	£400

**Lip Augmentation** Contouring of the outer lip line to provide more shape and definition to provide more pout and fullness.

Kiss	£250	
Lip enhancement	from £150	

**Derma Fillers** - A hyaluronic gel based filler which can achieve results without resorting to surgery. Smooths away fine lines, restores volume loss and lifts deeper creases.

Fine lines	1 syringe £180 / 2 syringe £340	
Medium lines	1 syringe £295 / 2 syringe £475	
Deep lines	1 syringe £295 / 2 syringe £550	
Cheek Augmentation -	from £375	
The 8- Point Lift (with Juvéderm®)	Price on application	
Skin Peel (using The Perfect Peel™)	- Transform your skin making it	

younger looking, healthier and clearer - in just one week. **£300** 

Skin Peel (using The Perfect Peel<sup>™</sup>) - Improves wrinkles & skin texture, dramatically reduces scars, allows pigment spots to become more even or completely disappear. £250

#### ELLIPSE IPL SKIN REJUVENATION

Ellipse is one of the industry's most effective & award winning IPL systems using Selective Waveband Technology (SWT). The system can safely & effectively treat a wide range of skin conditions including vascular lesions, epidermal pigmented lesions, acne & rosacea. Our Ellipse facial area treatments are carried out using Elemis prescribed professional products & techniques. Typically, a course of 3 treatments is necessary.

Initial consultation & patch test	Free	
Sun damage, sun spots, hyperpigmentation	Full face £175	
	Hands £125	
Rosacea, high colour, diffused redness	Full face £175	
Active acne	Full face £175	
Extra area add on (neck or décolleté)	£50	
Facial thread veins, Cherry Angiomas, Spider Nevis	From £75	
Birthmark treatment	From £75	

#### CRYOPEN

The innovative Cryopen allows you to work with millimetre precision. It is brilliant device for removing skin imperfections quickly and effectively with no more collateral damage to healthy tissue.

It is an ideal treatment for:

- Skin Tags Warts Solar Lentigo Cherry Angioma Age Spots
- Viral Verrucae Milia 25 second treatment £40

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